

Maggie DiStasi, ACPC, PCC, is a Career Transition & Leadership Coach specializing in mindful leadership. When focused on cultivating agile, presence-based leadership, mindful leaders are well-positioned to lead in times of shifting norms, while staying open to new opportunities.



## The program is focused on:

- Everyday opportunities to lead and show up as leader,
- Becoming aware of and managing self-limiting behavior,
- Choosing the mindset(s) that challenge and support the leader

With guidance from the coach, the leader establishes their unique leadership development plan for the year ahead. Working through the plan, **the coach helps the leader celebrate progress, identify next steps and new objectives, and address any obstacles.**

A coaching approach is taken to the work of leadership development, including:

- Identifying strengths to build on, mitigate weaknesses
- Gaining direction from values
- Developing your process to create positive change
- Creating a compelling vision of self as leader

# Create Positive Change

*Create Positive Change* is a 1:1 coaching program for aspiring leaders who want to create positive change in themselves, their teams, and their organizations.

To find out more, please contact  
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## *How it Works*

10 one-on-one coaching sessions, with midway check-in

Progress reporting by leader to sponsor, with coach guidance